## Zakarpatskii – Закарпатський

(Zacarpatia, Ukraine)

This dance is from Zakarpatia of Ukraine. The region of Zakarpatia (Transcarpathia) covers the presentday Zakarpatska Province. The dances of Zakarpatia are known for their moderate-paced beat. This dance was choreographed by George and Irina Arabagi.

Music:2/4 meterUkrainian Dance Workshop, Track 4Formation:Dancers face CCW in a mixed circle. Hands are on hips with closed fists.Steps & Styling:Bouncing Steps: Step R fwd (ct 1); L fwd (ct &); R fwd , wt on R with L extending in the back and turning upper body to R (ct 2); bounce (ct &). All steps are done with a bouncing motion. Repeat with opp ftwk.Down Rida Steps:Step R slightly fwd in a downward motion (ct 1); step L fwd in an upward motion (ct &). This can be done bkwd, with opp ftwk, and sdwd. When moving to the side the "down" step crosses in front.Balance with Stamps:(2 meas) Step R to R (ct 1); step L slightly extended behind
<ul> <li>Steps &amp; Styling: Bouncing Steps: Step R fwd (ct 1); L fwd (ct &amp;); R fwd , wt on R with L extending in the back and turning upper body to R (ct 2); bounce (ct &amp;). All steps are done with a bouncing motion. Repeat with opp ftwk.</li> <li><u>Down Rida Steps</u>: Step R slightly fwd in a downward motion (ct 1); step L fwd in an upward motion (ct &amp;). This can be done bkwd, with opp ftwk, and sdwd. When moving to the side the "down" step crosses in front.</li> </ul>
<ul> <li>Extending in the back and turning upper body to R (ct 2); bounce (ct &amp;). All steps are done with a bouncing motion. Repeat with opp ftwk.</li> <li><u>Down Rida Steps</u>: Step R slightly fwd in a downward motion (ct 1); step L fwd in an upward motion (ct &amp;). This can be done bkwd, with opp ftwk, and sdwd. When moving to the side the "down" step crosses in front.</li> </ul>
an upward motion (ct &). This can be done bkwd, with opp ftwk, and sdwd. When moving to the side the "down" step crosses in front.
Balance with Stamps: (2 meas) Step R to R (ct 1); step L slightly extended behind
R, leaning body fwd (ct &); step R in place, straightening up (ct 2); stamp L with wt next to R (ct 3); stamp R with wt next to L (ct 4). Repeat with opp ftwk and direction.
<u>Weaving Step</u> : Step R to L in front of R turning hips to L and lifting knee to hip height with foot next to leg (ct 1); abruptly facing ctr step L next to R (ct &). This can be done with opp ftwk and direction.
Meas <u>2/4 meter</u> <u>Pattern</u>
4 meas <u>INTRODUCTION</u> . No action.
I. <u>BOUNCING STEPS WITH STAMPS</u>
1-7 Seven Bouncing Steps starting with R.
8 Stamp L with wt next to R (ct 1); stamp R with wt next to L (ct 2).
9-15 Seven Bouncing Steps starting with L.
16 Facing ctr of circle, stamp R with wt next to L (ct 1); stamp L with wt next to R (ct 2).
II. <u>RIDA STEPS IN DIFFERENT DIRECTIONS</u>
<ul> <li>II. <u>RIDA STEPS IN DIFFERENT DIRECTIONS</u></li> <li>1-3 Arms joined in V-pos, six Rida Steps starting R and moving to ctr. On the last Rida, hold instead of stepping on ct &amp;.</li> </ul>
1-3 Arms joined in V-pos, six Rida Steps starting R and moving to ctr. On the last Rida,
1-3 Arms joined in V-pos, six Rida Steps starting R and moving to ctr. On the last Rida, hold instead of stepping on ct &.
<ul> <li>1-3 Arms joined in V-pos, six Rida Steps starting R and moving to ctr. On the last Rida, hold instead of stepping on ct &amp;.</li> <li>4 Stamp L with wt (ct 1); stamp R with wt (ct 2).</li> <li>5-7 Six Rida Steps to R stepping L in front of R, turning head to R. On the last Rida, hold</li> </ul>

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12 12-15	Stamp L with wt (ct 1); stamp R with wt (ct 2). Six Rida Steps bkwd starting with L. On the last Rida, hold instead of stepping on ct &.
16	Stamp R with wt (ct 1); stamp L with wt (ct 2).
III.	WEAVING STEPS, BALANCE
1-2	Facing ctr, dance two Weaving Steps starting with R to L, no wt on last step. Slightly turn head to L and then fwd.
3-4	Dance one Balance with Stamps starting with L.
5-6	Repeat meas 1-2 with opp ftwk and head work.
7-8	Dance one Balance with Stamps starting with R. Slightly turn head to R and then fwd.
9-16	Repeat meas 1-8.

Sequence: Fig I, Fig II, Fig III, Fig II, Fig I, Fig II.

Presented by George & Irina Arabagi

